

## Independent Study Guidelines for FREE Kangen Water Samples

Thank you for participating in the independent Study and being a receiver of the Kangen Water Samples.

I agree to give you FREE Kangen water samples for a period of \_\_\_\_\_ days/weeks. You are NOT obligated to purchase a machine as this offer is for my independent study of seeing how the water affects your body and health.

### You agree to do the following in return for your water samples:

- \* WATCH a live Demonstration or DVD Presentation at [www.HydrationSensation.com](http://www.HydrationSensation.com) watch 3 videos of man in blue shirt or ask me for a DVD with the Water Demo.
- \* Listen to Dr. Carpenter's Thur. night call at 6:00pm PST. 512-879-2059 code 388905#
- \* Take a picture of your face and your body prior to starting your Kangen Water Samples. And also weigh your self too. Document this information.
- \* Read over "getting the most out of your Kangen TM water samples and Dr. Carpenter hand out prior to starting your samples and do the self Acidity test.
- \* Stop drinking all Soda, Sports drinks, mineral waters and canned teas and artificially flavored over sugar and diet drinks during this time period. You can drink your coffee and tea of course. (moderation) make these beverages with Kangen water and use less.
- \* Drink a MINIMUM of  $\frac{1}{2}$  ounce to 1 ounce of Kangen water per pound of your body weight per DAY. Example if you weigh 150 lbs you should ideally drink 150 ounces of water. Minimum of 75 ounces. THIS IS VERY VERY IMPORTANT.
- \* Refresh your water supply every 2 days - Maximum 3 days. If you store your water in the refrigerator it will keep its properties longer. You must CALL ME the night/day before you require a refill. Arrangements will be made to get your water the following day. Please provide your own containers. Preferably 2 sets for 2 to 3 days supply. I may have containers available to purchase but check with me first.
- \* Journal your intake of water and your results. GOOD and BAD. You may experience detox symptoms and this is normal. This is the MOST important part of my study.

Set a time commitment that you are willing to do this. Recommended 1 - 2 weeks

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Kangen water Distributor / Start Date

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Water Recipient / Start Date - End Date